

Lactation Education Resources



The Lactation Consultant Training Course

It is not too late to take an online course to qualify for the IBLCE exam this year!! http://www.LERon-line.com/LC_Training_online/Lactation_Consultant_Training_online.htm. Last date to register for the IBLCE application is April 30, 2011.

IBCLC Day March 2

Join us in celebrating IBCLC Day on March 2 with a free 2 CERP course. "Initiating Breastfeeding: A Biological Perspective" by Jane Bradshaw. Simply log on to register.

<https://lms.firmwater.com/ler/reg/11585>

Available on March 2-8 only.

In-patient Breastfeeding Specialist

Tuesday March 15, Virginia Hospital Center, Arlington, VA This one day conference is designed primarily for hospital nurses who would like to update their breastfeeding support skills. The focus is on bedside strategies to increase breastfeeding success.

http://www.LERon-line.com/Inpatient_Breastfeeding_Specialist.html

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Baby Friendly Hospital Initiative Training

Lactation Education Resources announces a new online training program for hospitals wishing to meet the BFHI requirement of 20 hours of staff training. Your training program can be customized to your setting with support statements from your hospital administrators.



Each lesson is recorded in webcast format so the learner sees the power point slides and hears the speaker's voice. Each lesson is 20-45 minutes in length so students can access the materials when they have a short window of time, or can do several lessons when they have a longer period of time to devote to it. Each webcast contains:

- realistic hospital scenarios,*
- links out to relevant web pages*
- quick quizzes*
- fast facts*

The webinar format allows access to the training program 24/7/365. Special "Breastfeeding in Combat Boots" module for military hospitals.

http://www.LERonline.com/BFHI_Training.html

Contact Vergie Hughes, Program Director, for a personalized proposal including any applicable discounts. 703-868-1849 or vergieh@comcast.net

Insurance coverage for Lactation services

Federal BlueCross/BlueShield has changed benefits to comply with the Affordable Care Act and now covers "education and individual coaching on breastfeeding". Here's hoping that the other insurance carriers follow suit!

http://www.fepblue.org/news/benefitsandservices/healthcarereform/Preventive_Care_benefits_changing_to_comply_with_the_Affordable_Care_Act.jsp

IRS changes ruling on breast pumps and supplies

The IRS has changed a previous ruling and will now allow breast pumps and other breastfeeding supplies as permissible expenses for the purposes of flexible health spending accounts.

"Today's decision is a huge victory for nursing mothers everywhere. Modern medicine has documented numerous health benefits linked to breastfeeding, including a reduced risk of illness in infants and a reduced risk of cancer in mothers. And because breastfeeding is so effective in preventing disease, it also happens to save billions in health care costs. We thank the IRS for their careful consideration and quick response."

World Breastfeeding Week Theme August 1-7, 2011



World Breastfeeding Week 2011 will focus the 3 dimensions of breastfeeding support:

- ❖ The continuum from pregnancy to weaning
- ❖ The place from home to hospital to community
- ❖ Communication – new lines of communication make breastfeeding promotion and support easier and more timely.

This third dimension includes cross-generation, cross-sector, cross-gender, and cross-culture communication and encourages the sharing of knowledge and experience, thus enabling wider outreach.

To learn more and get ideas for your World Breastfeeding Week activities, go to <http://www.waba.org.my/>.



Bliss

Deadlines!

Be aware of the approaching deadlines for those applying for IBLCE certification.

Deadline for the 2011 IBLCE exam applications:

- 2nd deadline – March 31 \$540
- 3rd deadline – April 30 \$640

To obtain an application for the 2011 IBLCE exam:

http://www.americas.iblce.org/upload/2011Pathway1Guide_USACanada.pdf

Deadline for Pathway 3 applications for the 2013 IBLCE certification exam:

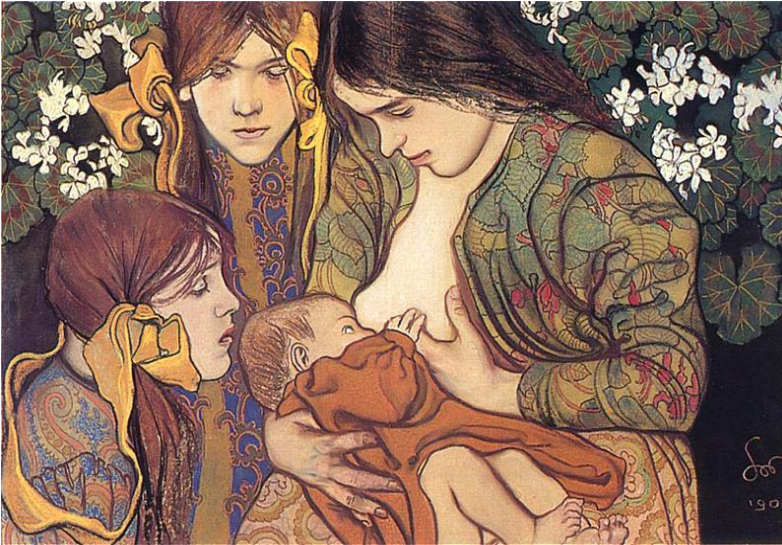
- September 30, 2011

To obtain an application for Pathway 3 go to

<http://www.americas.iblce.org/upload/Pathway%203%20Guide.pdf>

Lactation Specific Education requirements:

2011 IBLCE exam – minimum of 45 hours
2012 IBLCE exam – Minimum of 90 hours
LER has an online Lactation Consultant Training Course of both 45 and 90 hours available now!



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5614 Dover St
Churchton, MD 20733

Voice 703.868.1849
Fax 443.607.8898
Email LERonline@yahoo.com
Website
www.LERon-line.com

Blog – How to Become a Lactation Consultant <http://www.LERon-line.com/blog1>

Overview of the IBLCE pathways

<http://www.youtube.com/watch?v=ixgHQAE4VZQ>

Pathway 1

http://www.youtube.com/watch?v=HV5Bq7PJEiQ&feature=mfu_in_order&list=UL

Pathway 3

<http://www.youtube.com/watch?v=YEv59GSJGs&feature=related>

Clinical Internships

<http://www.youtube.com/watch?v=KqqufviJUbc&feature=related>

Program Director
Vergie Hughes RN MS IBCLC FILCA



Specialists in online lactation support training

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Where will you find LER next?

In-patient Breastfeeding Specialist Course

March 15, 2011
Virginia Hospital Center, Arlington, VA
More details at http://www.LERon-line.com/Inpatient_Breastfeeding_Specialist.html

NAPNAP National Conference

March 22, 2011
Baltimore, MD
<http://www.napnap.org/Events/AnnualConference.aspx>
Got Mama's Milk? The Pediatric Nurse Practitioner's Role in Successful Breastfeeding. Speaker Vergie Hughes

Central Virginia 2011 Breastfeeding Update

Bon Secours Hospital, Richmond, VA
April 28, 2011
Exclusive Breastfeeding in the Hospital and Beyond,
Speaker Vergie Hughes

Clinical Skills Workshop

October 15 & 16, 2011
Reston Hospital Center, Reston VA
More details at http://www.LERon-line.com/Workshop/skills_workshop.htm