

Lactation Education Resources

Lactation Support Training from Novice to Expert!



Celebrate World Breastfeeding Week

Free CERPs and Nursing Contact Hours for the month of August

Lactation Education Resources will be offering a free educational course until August 31, 2009.

For your free course, go to <http://www.LERon-line.com/ContinuingEducationCourses.htm> and select Breastfeeding Multiples. Complete the video, worksheet, and post-test. Receive your completion certificate immediately.

Tell your friends! Supervisors, encourage your staff to take this free course!

Sample our lactation support courses and come back for more when you need CERPs or Continuing Nursing Education.

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Regular Features of the Lactation Education Resources Website

Clinical Updates for professionals. www.LERon-line.com/Clinical_Updates.htm

Parent handouts is a selection of handouts that you may use in your parent teaching. www.LERon-line.com/Parent_Handouts.htm

How do I become a Lactation Consultant? Information for those aspiring to become an IBCLC and aren't sure about education, qualifications, or clinical experience. www.LERon-line.com/Where_To_Start.htm

LER is live and on-line!

The Lactation Consultant Training Program Begins September 1, 2009

The Lactation Consultant Training Program, directed by Vergie Hughes RN MS IBCLC FILCA, is moving to an on-line format. Beginning September 1, you can access course modules and complete them at your convenience without leaving home!

This on-line course will grant 72 CERPs and Nursing Contact Hours upon completion. For details go to http://www.LERon-line.com/On-Line_Classes.pdf



Because it is not easy to learn hands-on clinical skills in a distance learning format, a 2 day on-site course will be available on multiple dates and in multiple locations. The first one will be October 26 & 27, 2009 at George Mason University in Fairfax, VA.

The on-site course will grant 12.5 CERPs and Nursing Contact Hours. For details go to <http://www.LERon-line.com/SkillsWorkshop.pdf>



Total CERPS and Nursing Contact Hours for this course is 84.5. Courses of 80-150 hours are recommended by the IBLCE for preparation for the IBLCE certification exam.

Joint Commission Adds Exclusive Breastfeeding to Core Measures

The Joint Commission, which accredits America's hospitals, is revising their standards for certain aspects of perinatal care. A technical advisory panel was convened in February 2009 to establish the new set of core measures which will be available to hospitals in October 2009. Data collection on this new set of measures will begin April 2010.

This data set will include:

- Elective deliveries
- Cesarean sections
- Antenatal steroids
- Health care-associated bloodstream infections in newborns
- Exclusive breast milk feeding

Additional information is available at

<http://www.jointcommission.org/PerformanceMeasurement/PerformanceMeasurement/Perinatal+Care+Core+Measure+Set.html>



Clinical Skills Workshop October 26 & 27, 2009 George Mason University

Come to learn from experienced lactation consultants the hands-on skills needed to work with breastfeeding mothers and babies.

Clinical Skills hands-on training

- Positioning and latch-on
- Test weights
- Breast exam
- Shells, shields and other devices
- Breast pumps
- Hand expression
- Alternative feeding methods
- Paced bottle feeding
- Suck assessment

Lots of case studies!

Details and registration at

http://www.LERonline.com/skills_workshop.htm

Resource Available

The California Department of Public Health maintains a website with a wealth of information and resources. Check out the Information for Families, Information for Professionals and Resources for Hospital Quality Improvement.

There you will find:

Printable handouts in English and Spanish
A Breastfeeding Assessment based on the American Academy of Pediatrics policy statement
Model Breastfeeding Hospital Policies
Much more.....

<http://www.cdph.ca.gov/HealthInfo/healthyliving/childfamily/Pages/BreastfeedingandHealthyLiving.aspx>

Community Based Counselor Survey

The International Board of Lactation Consultant Examiners is exploring the possible development of a credential for community-based counselors. A first step in making any decision is the collection of information about the training and responsibilities of community-based breastfeeding counselors.

The first national survey to collect data directly from **para-professionals working with normal, healthy breastfeeding families** is underway. Surveys have been sent to WIC and LLL Peer Counselors, Healthy Start Community Health Workers, Cooperative Extension Nutrition Assistants.

If you have direct contact with para-professionals providing basic breastfeeding education/support or know of a project not already contacted (i.e. hospital based and volunteer peer counselor programs), please email me at aandrianos@iblce.org to arrange for their inclusion. (Not to be included in the survey are IBCLCs, RNs, RDs, program directors or supervisors, etc.).

Results from the survey (which received IRB approval from the Univ. of Georgia) can contribute important information about the current level and types of breastfeeding services available to families in the US.

If you can help with this survey please contact

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