

Lactation Education Resources



Lactation Support Training from Novice to Expert!

Clinical Skills Workshop May 15 & 16, 2010 Reston, VA

This workshop is designed to be an interactive, hands-on session with videos, demonstrations and case studies. These small group sessions will provide lots of interaction with the instructor and other students. Essential for those preparing for the IBLCE certification exam, useful for experienced Lactation Consultants!

12.5 Nursing Contact Hours and CERPs will be awarded for this 2 day workshop.

Students enrolled in the Lactation Consultant Courses (Core and Enriched) may attend for free as part of their program. Please let us know you will be attending.

More details and to register, go to
http://www.leron-line.com/Workshop/skills_workshop.htm

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NING's is the thing!!

Current and former students of Lactation Education Resources have been invited to join our NING Student Center

Features of the Lactation Education Resources Virtual Student Center

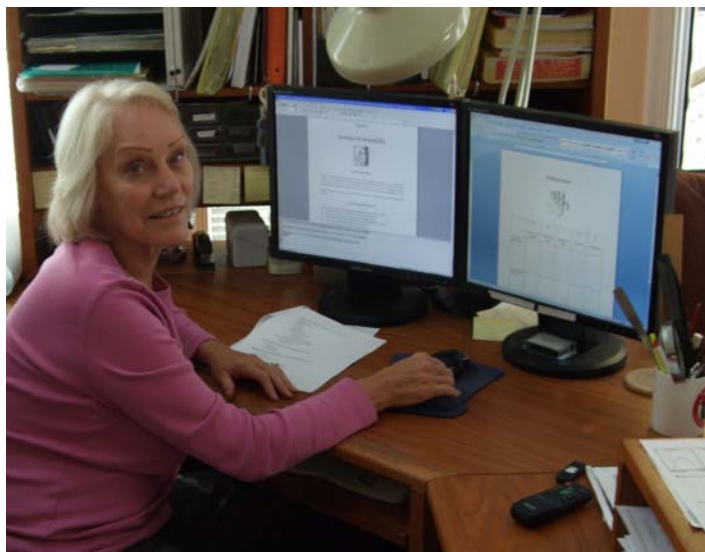
- ◆ Meet your classmates
 - ◆ Post your pictures, videos
 - ◆ Listen to free webcasts
 - ◆ Visit the discussion forum for each class to ask a question or discuss an issue
 - ◆ Chat live with other on-line students
 - ◆ Participate in the General Forum
- For other issues, study tips, how to fit study into your busy life, more.....

Free audio webcasts will be added periodically What is available now?

Listen to Rebecca Snow MS RH (AHG) talk about herbal preparations for the breastfeeding mother.

Look in the podcast section at the bottom of the NING home page

If you received your invitation and have not yet joined, what are you waiting for 😊?

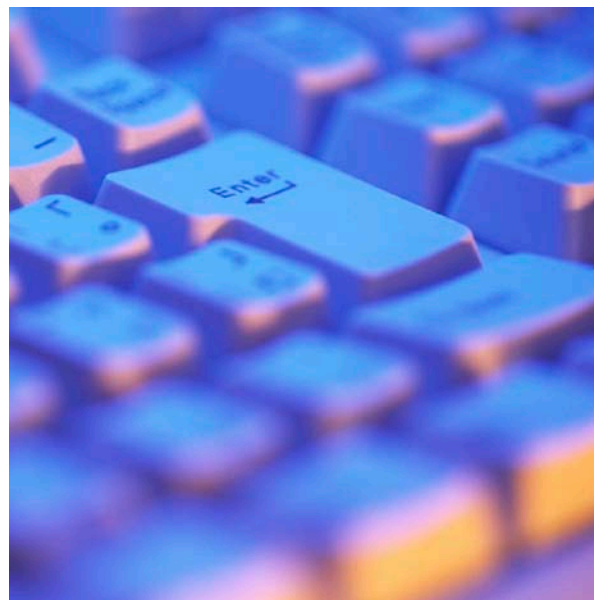


There is Still Time!

Students are asking "Do I have time to complete the Lactation Consultant Course before this year's IBLCE exam application deadline?"

Yes! Depending on how quickly you work! Each module takes about two hours. How often can you fit a two hour class into your day? If you who can do 6-8 lessons per week, you will certainly have time.

Third IBLCE application deadline is April 30, 2010. The Certification exam will be administered July 26, 2010.



Issues in Ethics For Lactation Consultants

Coming in April! A 5 E CERP course in Ethics will be available on-line. Learn the theoretical basis of ethical tenants, discuss ethical situations, and learn about issues that involve ethics complaints for IBCLCs. Webcasts, recorded discussions, interviews, a worksheet and a post-test make up this class. This class satisfies your re-certification requirements for E CERPs.



Free Live Audio Chat!

**Attend live chats with
LER Program Director, Vergie Hughes**

Who can attend? LER students, those thinking about Lactation Consultant Training, anyone else interested in lactation management topics.

Topics: How to become a lactation consultant, types of training programs, internships, IBLCE pathways, more.

When: Twice each month. The next sessions are:

► Monday, April 5, 2010 at 9 pm EST.

[Check for time where you are](#)

► Thursday April 22, 2010 9 pm EST.

[Check for time where you are](#)

Register: 15 slots are available. Register early, administrator@LERon-line.com. Include your name, email address and the date of the session you will attend. You will be sent details via email about how to log-on prior to your session.

Bottles for Breastfeeding Babies

An interesting article on commercial bottle/nipple systems can be found in a recent issue of AWHONN's Nursing for Women's Health, Vol 14, Issue 1, p 61-64. Dr Dowling reviews many of the bottle nipples on the market and compares their features. Of special interest to lactation consultants will be the discussion of flow rates and the shape and feel of various nipples.

She concludes that "while it doesn't make sense to introduce bottles until breastfeeding is established, bottle feeding experiences won't necessarily interfere with breastfeeding".

No mention is made of the current efforts to promote exclusive breastfeeding (or breastmilk feeding) for the first 6 months of life, or the effect of a bottle nipple on the development of the infant's palate.

Changes to 2010 IBLCE Certification Exam

The IBLCE Certification Exam will be shorter this year! Five hours instead of six hours. Both the AM and the PM session will be two and one-half hours long.

The number of questions is reduced from 200 to 175. More of the exam questions (100) will be based on pictures rather than just a word question.

LER Lactation Consultant Training Course students have watched hundreds of images during their classes. A great advantage in this type of exam! Another good place to study images is the Breastfeeding Atlas available from the LER bookstore <http://www.LERon-line.com/StudentBookstore.htm>



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Environmental Exposures and Women's Health

National Institutes of Health archived webcast on the environmental impact on women's health and reproductive system (including breast tissue) is available for viewing at:

<http://videocast.nih.gov/PastEvents.asp>. Scroll back to events recorded March 2, 2010.

You may need to download and install the free video player **RealPlayer** to access this program.



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