



Lactation Education Resources

The Lactation Consultant Training Course – Core

45 Nursing Contact Hours and L-CERPs awarded

- Video instruction ([webcast](#)) of about 1 hour by a variety of experienced instructors with a printable power point presentation so you can follow along with the lecture and take notes if you choose

Anatomy and physiology
Composition of Human milk
Failure to Thrive
Infectious Disease in the Breastfeeding Mother
Jaundice
Maternal Illness
Counseling Skills
Milk Banking
Legal Aspects of Lactation Practice
Infant Congenital Anomalies
Engorgement and Mastitis
The Politics of Breastfeeding
Allergies in the breastfeeding infant
Hospital Routines Affect on Breastfeeding
Induced Lactation and re-lactation
Counseling Skills
Human Growth and Development
Drugs and the Breastfeeding Mother
Herbal Preparations for the Breastfeeding Mother
Over-the-Counter Drugs and Herbals
Professional Development
Nutrition during Lactation
Breast Pumps and Manual Expression
Breastfeeding the Premature Infant
Physiology of Suck
The Employed Breastfeeding Mother
Breastfeeding Twins & Super Twins
Research and Statistics
Sexuality and the Breastfeeding Family
Slow weight gain in the Breastfed Infant
Maternal Recovery
Ethics

- Bibliography
- Post-test of 5 questions
- Clinical Skills Workshop (Attend in person or view on-line)
 - Video presentations
 - Case Studies
 - Skills lab
- Certified Breastfeeding Specialist credential



The Lactation Consultant Training Course – Enriched

90 Nursing Contact Hours and L-CERPs awarded

- Video instruction ([webcast](#)) of about 1 hour by a variety of experienced instructors with a printable power point presentation so you can follow along with the lecture and take notes if you choose

Anatomy and physiology
Composition of Human milk
Benefits of Breastfeeding and Breastmilk
Failure to Thrive
Infectious Disease in the Breastfeeding Mother
Jaundice
Maternal Illness
Counseling Skills
Milk Banking
Legal Aspects of Lactation Practice
Infant Congenital Anomalies
Engorgement and Mastitis
The Politics of Breastfeeding
Allergies in the breastfeeding infant
Hospital Routines Affect on Breastfeeding
Induced Lactation and re-lactation
Counseling Skills
Human Growth and Development
Drugs and the Breastfeeding Mother
Herbal Preparations for the Breastfeeding Mother
Over-the-Counter Drugs and Herbals
Professional Development
Nutrition during Lactation
Breast Pumps and Manual Expression
Breastfeeding the Premature Infant
Physiology of Suck
The Employed Breastfeeding Mother
Breastfeeding Twins & Super Twins
Research and Statistics
Sexuality and the Breastfeeding Family
Slow weight gain in the Breastfed Infant
Maternal Recovery
Ethics
Nursing the Older Infant and Weaning
Breastfeeding the Late Preterm Infant
Documentation and charting

- Worksheet of learning activities to enhance your understanding and explore additional information (about 1 hour)
- Bibliography
- Post-test of 5 questions
- Clinical Skills Workshop (Attend in person or view on-line)
 - Video presentations
 - Case Studies
 - Skills lab
- Clinical Practice Area Interviews
Interviews with practicing lactation consultants to obtain an “insider’s view” of work as a LC
- Eligible for the IBLCE Certification exam
Certified Breastfeeding Specialist credential

Which Program to Choose?

The Lactation Consultant Training Course – Core

Students wanting a Certified Breastfeeding Specialist credential while they are accumulating clinical practice hours in order to qualify to take the IBLCE certification exam

Students who already have a significant number of CERPS towards their 90 hour IBLCE exam requirements

Practicing Lactation Consultants seeking a comprehensive update and review

Lactation Consultants who need to obtain a large quantity of CERPs for recertification

The Lactation Consultant Training Course – Enriched

Meets the 90 hours course requirements for the IBLCE certification exam



Our Faculty

We are proud of our faculty. They each have been carefully chosen to present topics which are their special areas of expertise. This gives the program very high quality and depth of content. They are all experienced lactation consultants, nurses, nurse practitioners, dietitians, midwives, and physicians. Each provides their unique expertise, wealth of experience and many have taught in this program since its inception. They represent over 200 years of experience in a variety of clinical settings!



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