



Lactation Education Resources

Clinical Skills Workshop

This workshop is designed to be an interactive, hands-on session with lots of videos, demonstrations and case studies. These small group sessions will provide lots of interaction with the instructors and other students. Essential for those preparing for the ILBCE certification exam, useful for experienced Lactation Consultants to upgrade their skills!

12.5 Nursing Contact Hours and CERPs will be awarded for this 2 day workshop.

Day 1

- 8:00 Elements of Positioning and Latch-on
- 10:15 Break
- 10:30 Baby-led Latching, Mother-led Latching
- 12 :00 Lunch
- 1 :00 Case Studies
- 3 :00 Break
- 3:15 Case Studies
- 4:30 Adjourn

Day 2

- 8:00 Skills Fair
 - Test Weights
 - Breast Exam, Shells & Shields
 - Position and latch-on skills
 - Breast Pumps
- 10:00 Break
- 10:15 Skills Fair continued
 - Hand expression and cup feeding
 - Finger feeding and supplementing at the breast
 - Paced Bottle Feeding
 - Suck Assessment
- 12:15 Lunch
- 1:15 Case Studies
- 3:00 Adjourn

The Skills Workshop will be offered several times per year in various locations. Select a location and date that is convenient to you. [Click here to register!](#)



Bring this class to your location! We can offer this program to your staff, community or region. Ask Vergie for details.
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